

*Orinda Ballet Academy*  
*Ballet Intensive & Ballet Camp*  
*“Sleeping Beauty” (Excerpts)*  
**June 29 -July 31, 2020**  
**Pre-Ballet - Ballet 7 Class Levels**  
**Intermediate-Advance Ballet Division Intensive**  
**Ballet Demonstration, Friday July 31 at 3:00pm**

The Orinda Ballet Academy and Youth Company was founded in 2009 by Artistic Director, Patricia Tomlinson. Orinda Ballet is a year round Ballet Academy and youth performing company based in the Orinda Community Center. Offering classes for students aged 3yrs to 18 years, starting with the Pre-Ballet through advanced pre-professional divisions. In addition to ballet classes, Pilates reformer and combo contemporary-jazz classes are offered. All students have the opportunity to participate in the bi-annual performances of “The Sweet Dream Nutcracker” in our Fall term and A story ballet in our Winter/Spring term. Summer term hold a demonstration performance. Past productions include, “Cinderella”, “Sleeping Beauty”, “Swan Lake”, “Alice in Wonderland”, “Peter Pan”, “Coppelia,” and “Firebird”.

Ms. Tomlinson has over 30 years of professional dancing, and instructing experience. Her background includes training in NYC under George Balanchine’s world-renown “School of American Ballet.” Ms. Tomlinson’s performing career began early as a student in NYC, performing with NYC Ballet and Natalia Markova’s company. Her extensive professional dancing career includes working as a soloist and principal dancer with Houston Ballet, Pennsylvania Ballet, Diablo Ballet, as well as guesting in various companies. She has taught and set Ballet’s throughout the United States. She is a certified Pilate’s trainer in all equipment. Ms. Tomlinson take’s great pleasure in working with her students and sharing her passion of ballet and dance.

**Summer “Sleeping Beauty” Ballet class package description.**

**Pre Ballet Division, Creative dance, Ages 3-5 years**

Creative dance class with ballet stretches. Learn a fun creative ballet dance to Cinderella. Fun ballet art projects and costume for the end of term demonstration. Ballet storytelling while listening to classical ballet music.

**Ballet 1A- 2B Divisions, Beginner, Ages 6-8 years**

Ballet technique classes, plus 1 contemporary class. Learn a ballet dance from the classical ballet Cinderella to perform in the end of term demonstration. Create ballet art projects and costume for end of term demonstration. Ballet storytelling, learn ballet terms, and other fun ballet topics while listening to classical ballet music.

**Ballet 3A- 3B Divisions Pre-Junior, Ages 9-10 years**

Ballet technique, Stretch & Strengthen classes, and contemporary class. Learn ballet dances from the classical ballet “Cinderella” to perform in the end of term demonstration. Create costume for the end of term demonstration.

**Ballet 4A-4B Divisions Intensive, Junior, Ages 11-12 years** Ballet technique, Stretch & Strengthen classes.

Ballet 4A pre-pointe class and Ballet 4B beginning pointe classes (must be approved by director to take pointe or enrolled in class in prior term) plus 1 contemporary class. Learn ballet dance excerpts from the classical ballet “Cinderella” to perform in end of term demonstration. Create costume accessories for the end of term demonstration. Ballet 4B are introduced to Pilates exercises mat work and reformer.

**Ballet 5A-7 Divisions Intensive, Intermediate-Advance - Pre-Professional, Ages 13-18 years**

Ballet technique, Pointe, Variations, Pilates mat and reformer, stretch classes, plus a contemporary class. Learn ballet dance excerpts from the ballet “Cinderella” to perform in the end of term demonstration. Create ballet costume accessories for the demonstration.



# Orinda Ballet Academy

## Ballet Intensive & Ballet Camp

### “Sleeping Beauty” (Excerpts)

**June 29- July 31, 2020**

**Pre-Ballet - Ballet 7 Class Levels**

**Intermediate-Advance Ballet Division Intensive**

**Ballet Demonstration, Friday July 31 at 3:00pm**

**Divisions:**

**\*Instructor Placement necessary**

Pre-Ballet (Age 3.5-5, Entering K and under)

Ballet 1A (Ages 6+, Completed Kindergarten and older)

Ballet 2A (Ages 7+ beginner)

\*Ballet 2B (Ages 7-8+ with ballet experience)

\*Ballet 3A (Ages 8+ with ballet experience)

\*Ballet 3B (Ages 9+ with ballet experience)

\*Ballet 4A (Juniors) 10+

\*Ballet 4B-5 (Intermediate) 11+

\*Ballet 6-7 (Advanced) 12+

**Classes subject to change**

Monday	Tuesday		Wednesday	Thursday	Friday
Studio #1	Studio #1	Studio #2	Studio #1	Studio #1	Studio #1
Ballet 2B-3B Tech Class 2-3:15pm and “Sleeping Beauty” rehearsal 3:15-3:45pm	Ballet 2B-3B 2:00-3:15pm Technique “Sleeping Beauty” rehearsal 3:15-4:00pm			Pre- Ballet Creative Ballet Class Ages 3-5yrs. 2:00-2:40pm	
“Sleeping Beauty” Costume Creative Class Ballet 2B-3B 3:45-4:45pm *Bring a snack  Ballet 4A-7 3:45-5:00pm *Bring a snack	BALLETS 4A-7 Technique & Rehearsal 4:00-6:00pm *Bring a snack	Level 3 Jazz/Contemporary Ballet 4A-6 3-4pm	Private Coaching Lessons Contact Director about available dates and times. Patricia@orinda balletacademy. com	Pre-Ballet-2A 2:40-3:40pm “Sleeping Beauty” Costume Creativity Camp *Bring a snack	Ballet 3B-7 4:15-5pm Stretch and Strengthen Class + Ballet 4A-7 5-7pm Technique Class “Sleeping Beauty” rehearsal
Ballet 4A-7 5-6:45pm Technique/Pointe Class and “Sleeping Beauty” rehearsal 6:45-7:30pm	Ballet 4B-7 Pilates reformer 6:00-7:00pm	Level 1 & 2 Jazz/Contemporary Ballet 1A-3B 4-4:45pm		Ballet 1A, 2A Technique Age 6-8yrs. 3:45-4:45pm (Last 15 mins learn Dance)	
				Ballet 4A -7** 5-6:30  Technique Pre-Pointe, Pointe/ Technique  6:30-7:15pm “Sleeping Beauty” rehearsal	Private Coaching Lessons Contact Director about available dates and times. (Solo/ Duets/ Group) Monday- Friday Patricia@ orindaballetacademy.com

# Orinda Ballet Academy

## Ballet Intensive & Ballet Camp

### “Sleeping Beauty” (Excerpts)

June 29 – July 31, 2020

Pre-Ballet - Ballet 7 Class Levels

Intermediate-Advance Ballet Division Intensive

Ballet Demonstration Performance, Friday, July 31, 2020 at 3pm

*Missed classes may be made-up within the summer program.*

*Make up classes are any classes within level or below.*

#### GIRLS DIVISIONS

\*\*Placement class necessary for 2B and Higher Divisions. **Classes subject to change.**

Ballet Attire: Black Leotard, Pink tights, pink leather ballet slippers. Hair neatly pulled into a bun. No tutus  
When bringing a snack – no popcorn or greasy foods.

\*Students enrolled in Cinderella class package, Additional \$30 supply fee, payable to Orinda Ballet Academy

#### Pre Ballet A & B SLEEPING BEAUTY Ballet class package

**Ages 3-5 Y**

**Resident \$225 / Non-Resident- additional percentage**

**\*Additional \$30- costume supplies**

*Class Attire: Ballet leotard, pink tights, pink leather ballet slippers. NO TUTU'S. Hair pulled back in bun.*

*Thursday, 2-3:40pm Pre-Ballet class & “Sleeping Beauty” Camp- bring a non greasy snack*

*A creative dance class, learn a ballet dance, create ballet art projects for the performance, & ballet storytelling*

*1 Performance – July 30th at 3 pm*

#### Ballet 1A SLEEPING BEAUTY Ballet class package

**Ages 5.5-6 Y**

**Resident \$365/ Non-Resident additional percentage**

**\*Additional \$30- costume supplies**

*Tuesday 4:00-4:45pm Contemporary with stretches*

*Thursday 2:45-4:45pm Ballet technique class & Sleeping Beauty” rehearsal class & Creative Costume Class - bring snack*

*1 Performance – July 30th at 3 pm*

#### Ballet 2A SLEEPING BEAUTY Ballet class package

**Ages 6-8Y+ Beginner**

**Resident \$365/ Non-Resident additional percentage**

**\*Additional \$30- costume supplies**

*Tuesday 4:00-4:45pm Contemporary with stretches*

*Thursday 2:45-4:45pm Ballet technique class, “Sleeping Beauty” rehearsal class & Creative Costume Class- bring snack*

*1 Performance – July 30th at 3 pm*

#### \*\*Ballet 2B SLEEPING BEAUTY Ballet class package

**Ages 7-8Y+**

**Resident \$585 / Non-Resident additional percentage**

**\*Additional \$30- costume supplies**

*Monday 2:00-4:45pm Ballet technique class, Sleeping Beauty” rehearsal class & Creative Costume Class - bring snack*

*Tuesday 2:00-4:00pm Ballet technique class, rehearsal*

*Tuesday 4:00-4:45pm Contemporary with stretches*

*1 Performance – July 30th at 3 pm*

#### \*\*Ballet 3A SLEEPING BEAUTY Ballet class package

**Ages 8-9Y+**

**Resident \$585 / Non-Resident additional percentage**

**\*Additional \$30- costume supplies**

*Monday 2:00-4:45pm Ballet technique class, Sleeping Beauty” rehearsal class & Creative Costume Class - bring snack*

*Tuesday 2:00-4:00pm Ballet technique class, rehearsal*

*Tuesday 4:00-4:45pm Contemporary with stretches*

*1 Performance – July 30th at 3 pm*

**\*\*Ballet 3B SLEEPING BEAUTY Ballet Intensive class package****Ages 9-10Y+****Resident \$685/ Non-Resident additional percentage****\*Additional \$30- costume supplies**

Monday 2:00-4:45pm Ballet technique class, Sleeping Beauty" rehearsal class & Creative Costume Class - bring snack  
 Tuesday 2:00-4:00pm Ballet technique class, rehearsal  
 Tuesday 4:00-4:45pm Contemporary with stretches  
 Friday 4:15-5:00pm Stretch & Strengthen  
 1 Performance – July 30th at 3 pm

**\*\*Ballet 4A SLEEPING BEAUTY Ballet Intensive class package (Junior) Ages 10-11Y+****Resident \$1075 /Non-Resident additional percentage****\*Additional \$30- costume supplies**

Monday 3:45-7:30pm Ballet technique class, Sleeping Beauty" rehearsal class & Creative Costume Class - bring snack  
 Tuesday 3:00-4:00pm Contemporary  
 Tuesday 4:00-6:00pm Ballet technique class, and "Sleeping Beauty" rehearsal class  
 Thursday 5:00-7:15pm Ballet technique, Pre pointe, Sleeping Beauty" rehearsal class  
 Friday 4:15-5:00pm Stretch & Strengthen  
 Friday 5:00-7:00pm Ballet technique and Sleeping Beauty" rehearsal class  
 1 Performance – July 30th at 3 pm

**\*\*Ballet 4B SLEEPING BEAUTY Ballet Intensive class package (Junior -Intermediate) Ages 12Y+****Resident \$1225/ Non-Resident additional percentage****\*Additional \$30- costume supplies**

Monday 3:45-7:30pm Ballet technique class, Sleeping Beauty" rehearsal class & Creative Costume Class - bring snack  
 Tuesday 3:00-4:00pm Contemporary  
 Tuesday 4:00-6:00pm Ballet technique class, and "Sleeping Beauty" rehearsal class Pilates  
 Tuesday 6:00-7:00pm Pilates  
 Thursday 5:00-7:15pm Ballet technique, Pre pointe, Sleeping Beauty" rehearsal class  
 Friday 4:15-5:00pm Stretch & Strengthen  
 Friday 5:00-7:00pm Ballet technique and Sleeping Beauty" rehearsal class  
 1 Performance – July 30th at 3 pm

**\*\*Ballet 5-7\*\* SLEEPING BEAUTY Ballet Intensive class package (Intermediate- Advanced)****Ages 13Y+****Resident \$1225 / Non-Resident additional percentage****\*Additional \$30- costume supplies**

Monday 3:45-7:30pm Ballet technique class, Sleeping Beauty" rehearsal class & Creative Costume Class - bring snack  
 Tuesday 3:00-4:00pm Contemporary  
 Tuesday 4:00-6:00pm Ballet technique class, and "Sleeping Beauty" rehearsal class Pilates  
 Tuesday 6:00-7:00pm Pilates  
 Thursday 5:00-7:15pm Ballet technique, Pre pointe, Sleeping Beauty" rehearsal class  
 Friday 4:15-5:00pm Stretch & Strengthen  
 Friday 5:00-7:00pm Ballet technique and Sleeping Beauty" rehearsal class  
 1 Performance – July 30th at 3 pm

**PRIVATE LESSONS Private Ballet Coaching and Private Pilates Reformer or Mat Lesson** (by Certified Instructor)Ballet & Pilates - Contact Director for available days and times. [Patricia@OrindaBalletAcademy.com](mailto:Patricia@OrindaBalletAcademy.com)

24 hour cancellation policy (additional cancellation information below)

Emphasis on ballet strengthening exercises. Requirement: Enrolled in program or approved by Director.

**Pricing is based per single lesson. (Packages of 2+ lessons available)****Solos Ballet & Pilates Cancellation policy listed below**

30 min. (Solo) Resident \$50/ Non-Resident – additional percentage  
 45 min. (Solo) Resident \$67 / Non-Resident– additional percentage  
 60 min. (Solo) Resident \$95 / Non-Resident– additional percentage

**Duet private Cancellation policy listed below**

30 minute (Duet) Resident \$25 (per person) / Non-Resident – additional percentage  
 45 minute (Duet) Resident \$38 (per person) / Non-Resident– additional percentage  
 1hr. (Duet) Resident \$50 (per person) / Non-Resident– additional percentage  
 1.5 (Duet) Resident \$76 (per person) / Non-Resident – additional percentage

**Trio private (minimum, 45 Minutes) Cancellation policy listed below**

45 minute (Trio) Resident \$30 (per person) / Non-Resident– additional percentage  
 1hr. (Trio) Resident \$40(per person) / Non-Resident – additional percentage  
 1.5 hour (Trio) Resident \$60 (per person) / Non-Resident – additional percentage  
 2 hour (Trio) Resident \$80 (per person) / Non-Resident– additional percentage

**Group- Pilates Only (4 Students) Cancellation policy listed below**

1hr. (Group class of 4 students) Resident \$30 (per person) / Non-Resident – additional percentage

Duet & Trio privates - all parties must participate in agreed lesson. Cancellations are with all parties or upgrade to \*\*solo option (or duet).  
 Duet student has the option to upgrade to solo private (same length as set duet lesson) with additional payment submitted prior to lesson.  
 Trio students have option to upgrade to duet or solo due to cancellations.

# Orinda Ballet Academy

June 29- July 31, 2020

Pre-Ballet - Ballet 7 Levels – Information Girls Divisions

Classes Only – (not participating in Sleeping Beauty demonstration)

Missed classes may be made-up within the summer program. Make up classes are any classes within level or below.

## Divisions:

**\*Instructor Placement necessary for 2B and higher Divisions** **Classes subject to change.**

Pre-Ballet (Age 3.5-5, Entering K and under) \*Ballet 3B (Ages 10+ with ballet experience)

Ballet 1A (Ages 6+, Completed Kindergarten and older) \*Ballet 4A, Ages 11+

Ballet 2A (Ages 7+) \*Ballet 4B-5, Ages 12+

\*Ballet 2B (Ages 8+ with ballet experience) \*Ballet 6-7, Ages 13+

\*Ballet 3A (Ages 9+ with ballet experience)

**Dress Attire ALL DIVISIONS - Black leotard, pink tights, pink leather ballet slippers- hair pulled back in a bun.**

<b>Pre-Ballet A &amp; B, Ages 3-5Y, NO TUTU'S</b> Creative Ballet Class	<b>Resident \$110 / Non-Resident– additional percentage</b> Thursday 2:00-2:40 pm
<b>Ballet 1A Technique Class, Ages 5.5Y-7Y</b> Beginning Technique class	<b>Resident \$120 / Non-Resident– additional percentage</b> Thursday, 3:45-4:45pm
<b>Ballet 2A Technique Class, Ages 5.5Y-8Y</b> Beginning Technique class	<b>Resident \$120/ Non-Resident – additional percentage</b> Thursday, 3:45-4:45pm
<b>*Ballet 2B, 2 class package</b> *Ballet 2B Technique Class *Ballet 2B Technique Class	<b>Resident \$280/ Non-Resident– additional percentage</b> Monday, 2:00-3:15pm Tuesday, 2:00-3:15pm
<b>*Ballet 3A, 3 class package</b> *Ballet 3A Technique Class *Ballet 3A Technique Class *Ballet 3A Stretch & Strengthen	<b>Resident \$390/ Non-Resident– additional percentage</b> Monday, 2:00-3:15pm Tuesday, 2:00-3:15pm Friday, 4:15-5:00pm
<b>*Ballet 3B, 3 class package</b> *Ballet 3B Technique Class *Ballet 3B Technique Class *Ballet 3B Stretch & Strengthen	<b>Resident \$390 Non-Resident– additional percentage</b> Monday, 2:00-3:15pm Tuesday, 2:00-3:15pm Friday, 4:15-5:00pm
<b>*Ballet 4A, 4 class package</b> *Ballet 4A Technique Class *Ballet 4A Technique Class *Ballet 4A Technique Class w/ Pre Pointe *Ballet 4A Technique Class w/ Stretch & Strengthen	<b>Resident \$825/ Non-Resident– additional percentage</b> Monday, 5:00-6:45pm Tuesday, 4:00-5:30pm Thursday, 5:00-6:30pm Friday, 4:15-6:30pm
<b>*Ballet 4B, 4 class package</b> *Ballet 4B Technique Class *Ballet 4B Technique Class w/ Pilates Reformer *Ballet 4B Technique Class w/ Pre Pointe *Ballet 4B Technique Class w/stretch & Strengthen	<b>Resident \$950/ Non-Resident – additional percentage</b> Monday, 5:00-6:45pm Tuesday, 4:00-5:30pm/ pilates 6:00-7:00pm (Bring snack) Thursday, 5:00-6:30pm Friday, 4:15-6:30pm
<b>**Pointe Requirement: Must be enrolled in 2 technique classes per week</b>	
<b>*Ballet 5-7, 4 class package</b> Ballet 5-7 Technique Class *Ballet 5-7 Technique Class w/ Pilates Reformer *Ballet 5-7 Technique Class w/ Pre Pointe *Ballet 5-7 Technique Class w/stretch & Strengthen	<b>Resident \$950/ Non-Resident – additional percentage</b> Monday, 5:00-6:45pm Tuesday, 4:00-5:30pm/ pilates 6:00-7:00pm (Bring snack) Thursday, 5:00-6:30pm Friday, 4:15-6:30pm
<b>**Pointe Requirement: Must be enrolled in 2 technique classes per week</b>	
<b>Stretch &amp; Strengthen with Pilates/Yoga (Ages 9+),</b> Friday, 4:15-5:00pm- Studio 1	<b>Resident \$115 / Non-Resident– additional percentage</b>
<b>Contemporary, Level 1 &amp; 2, Ages 6-10 (Ballet 1A- 3A),</b> Tuesday, 4:00-4:45pm – Studio 2	<b>Resident \$115 / Non-Resident– additional percentage</b>
<b>Contemporary, Level 3, Ages 11-15 ( Ballet 3B-7),</b> Tuesday, 3:00-4:00pm- Studio 2	<b>Resident \$125 / Non-Resident– additional percentage</b>