

# *Orinda Ballet Academy*

## Virtual Summer Ballet

### **June 15- July 11, 2020 (4 weeks)**

### **Ballet 1A- Ballet 7 Class Levels**

The Orinda Ballet Academy and Youth Company was founded in 2009 by Artistic Director, Patricia Tomlinson. Orinda Ballet is a year round Ballet Academy and youth performing company based in the Orinda Community Center. Offering classes for students aged 3yrs to 18 years, starting with the Pre-Ballet through advanced pre-professional divisions. In addition to ballet classes, Pilates reformer and contemporary classes are offered. All students have the opportunity to participate in the bi-annual performances of "The Sweet Dream Nutcracker" in the Fall term and a story ballet in the Winter/Spring term. Summer term holds a demonstration performance. Past Spring term productions include, "Cinderella", "Sleeping Beauty", "Swan Lake", "Alice in Wonderland", "Peter Pan", "Coppelia," and "Firebird".

Ms. Tomlinson has over 30 years of professional dancing, and instructing experience. Her background includes training in NYC under George Balanchine's world-renown "School of American Ballet." Ms. Tomlinson's performing career began early as a student in NYC, performing with NYC Ballet and Natalia Markova's company. Her extensive professional dancing career includes working as a soloist and principal dancer with Houston Ballet, Pennsylvania Ballet, Diablo Ballet, as well as guesting in various companies. Ms. Tomlinson has taught and set Ballet's throughout the United States. She holds a B.A in Performing Arts and is a certified Pilates trainer in all apparatus. Ms. Tomlinson take's great pleasure in working with her students and sharing her passion of ballet and dance.

#### **Summer Virtual Ballet class package descriptions.**

##### **Ballet 1A- 2A Divisions, Beginner, Ages 5-7 years**

Ballet Technique, Contemporary class, Stretch, and Ballet storytelling, while listening to classical ballet music.

##### **Ballet 2B-3A Divisions Pre-Junior, Ages 8-9 years**

Ballet Technique, Contemporary class, Stretch, and Ballet storytelling, while listening to classical ballet music.

##### **Ballet 3B-4A Divisions Intensive, Junior, Ages 10+ years**

Ballet Technique, Stretch & Strengthen classes, Pre-pointe, Contemporary class and Youth Choreography. Ballet 3B-4A students are introduced to Pilates mat work with a Theraband and foam roller.

##### **Ballet 4B-7 Divisions Intensive, Intermediate-Advance - Pre-Professional, Ages 12+ years**

Ballet Technique, Stretch & Strengthen classes, Pointe and Contemporary class. Pilates mat work with a theraband and foam roller.



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### Ballet 1A- Ballet 7 Class Levels

**Divisions:**

**\*Instructor Placement necessary**

Pre-Ballet (Age 3.5-5, Entering K and under)

Ballet 1A (Ages 6+, Completed Kindergarten and older)

Ballet 2A (Ages 7+ beginner)

\*Ballet 2B (Ages 7-8+ with ballet experience)

\*Ballet 3A (Ages 8-+ with ballet experience)

\*Ballet 3B (Ages 9+ with ballet experience)

\*Ballet 4A (Juniors) 10+

\*Ballet 4B-5 (Intermediate) 11+

\*Ballet 6-7 (Advanced) 12+

**Classes subject to change**

Monday	Tuesday	Wednesday	Thursday	Friday
Studio #1	Studio #2	Studio #1	Studio #1	Studio #1
<b>Ballet 2B/3A</b> Technique Class 3:00-3:45pm Swan Lake review 3:45-4pm	Level 1 Contemporary 3:20-3:55pm (Ballet 1A-2A)		<b>Ballet 1A, 2A</b> Technique Age 6-8yrs. 2:20-3:00pm	
<b>Ballet 3B/4A-</b> Technique Class  4:00-5:15pm	Level 2 Contemporary 4-4:45pm (Ballet 2B-3B)	<b>Ballet 3B/4A-</b> 3:45-5:00pm choreography + Swan Lake review 5:00-5:45pm	<b>Ballet 1A/2A/2B/3A</b> Stretch & Ballet Stories 3:00-3:45pm	Private Coaching Lessons Contact Director Patricia@ orindaballetacademy. com
<b>Ballet 3B/4A/4B-6</b> Stretch & Strengthen w/ foam roller & theraband, 5:15-5:45pm	Level 3 Contemporary 4:45-5:30pm (Ballet 4A-6)	<b>BALLET 4B-7</b> Technique with Pointe 5:45-7:45pm	<b>Ballet 2B/3A</b> 3:45-4:30pm Technique	
<b>BALLET 4B-7</b> Pointe with Technique 5:45-7:30pm			<b>Ballet 3B-7</b> Pre Pointe/ Pointe / Technique 4:30-6:30pm	
			<b>Ballet 4B-6</b> Swan Lake Review 6:30-7:00pm	

# *Orinda Ballet Academy*

## Virtual Summer Ballet & Contemporary

### **June 15- July 11, 2020 (4 weeks)**

### **Ballet 1A- Ballet 7 Class Levels**

Missed classes may be made-up within the summer program.  
Make up classes are any classes within level or below.

#### **GIRLS DIVISIONS**

Ballet Attire: Black Leotard, Pink tights, pink leather ballet slippers. Hair neatly pulled into a bun. No tutus  
Contemporary Attire- loose clothing

#### **Ballet 1A Summer class package** **Resident \$169/ Non-Resident**

**Ages 5.5-6 Y Beginner**

Tuesday	3:20-3:55pm	Contemporary Dance
Thursday	2:20-3:45pm	Ballet Technique class, Stretch and Ballet Stories

#### **Ballet 2A Summer class package** **Resident \$162/ Non-Resident**

**Ages 6-8Y+ Beginner**

Tuesday	3:20-3:55pm	Contemporary Dance
Thursday	2:20-3:45pm	Ballet Technique class, Stretch and Ballet Stories

#### **\*\*Ballet 2B Summer class package** **Resident \$244 / Non-Resident**

**Ages 7-8Y+**

Monday	3:00-4:00pm	Ballet Technique class, & (last 10 minutes Swan Lake Dance review complimentary)
Tuesday	4:00-4:45pm	Contemporary Dance
Thursday	3:00-4:30pm	Stretch, Ballet Stories & Technique class

#### **\*\*Ballet 3A Summer class package** **Resident \$244 / Non-Resident**

**Ages 8-9Y+**

Monday	3:00-4:00pm	Ballet Technique class, & (last 10 minutes Swan Lake Dance review complimentary)
Tuesday	4:00-4:45pm	Contemporary Dance
Thursday	3:00-4:30pm	Stretch, Ballet Stories & Technique class

#### **\*\*Ballet 3B Summer class package** **Resident \$506/ Non-Resident**

**Ages 9-10Y+**

Monday	4:00-5:45pm	Ballet Technique class, Stretch & Strengthen (Foam Roller & Theraband)
Tuesday	4:00-4:45pm	Contemporary Dance
Wednesday	3:45-5:45pm	Ballet Technique & Youth Choreography (last 15 minutes Swan Lake dance review complimentary)
Thursday	4:30-6:30pm	Pre Pointe/ Pointe & Technique class

#### **\*\*Ballet 4A Summer class package** **Resident \$506 /Non-Resident**

**Ages 10-11Y+**

Monday	4:00-5:45pm	Ballet Technique class, Stretch & Strengthen (Foam Roller & Theraband)
Tuesday	4:45-5:30pm	Contemporary Dance
Wednesday	3:45-5:45pm	Ballet Technique & Youth Choreography (last 15 minutes Swan Lake dance review complimentary)
Thursday	4:30-6:30pm	Pre Pointe/ Pointe & Technique class

**\*\*Ballet 4B Summer class package Ages 12Y+**

**Resident \$580/ Non-Resident**

Monday	5:15-7:30pm	Ballet Technique class, Stretch & Strengthen (Foam Roller & Theraband)
Tuesday	4:45-5:30pm	Contemporary Dance
Wednesday	5:45-7:45pm	Ballet Technique /Pointe
Thursday	4:30-7:00pm	Pointe /Technique class/ + (last 20 minutes Swan Lake Review complimentary)

**\*\*Ballet 5-7\*\* Summer class package Ages 13Y+**

**Resident \$580 / Non-Resident**

Monday	5:15-7:30pm	Ballet Technique class, Stretch & Strengthen (Foam Roller & Theraband)
Tuesday	4:45-5:30pm	Contemporary Dance
Wednesday	5:45-7:45pm	Ballet Technique /Pointe
Thursday	4:30-7:00pm	Pointe /Technique class/ + (last 20 minutes Swan Lake Review complimentary)

**Contemporary Level 1, Summer class Ages 5-7 (Ballet 1A & 2A)**

**Resident \$55 / Non-Resident**

Tuesday	3:20-3:55pm	Contemporary Dance
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**Contemporary Level 2, Summer class Ages 8-10 (Ballet 2B-3B)**

**Resident \$68 / Non-Resident**

Tuesday	4:00-4:45pm	Contemporary Dance
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**Contemporary Level 3, Summer class Ages 11-17 (Ballet 4A-7)**

**Resident \$68 / Non-Resident**

Tuesday	4:45-5:30pm	Contemporary Dance
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**PRIVATE LESSONS Private Ballet Coaching and Private Pilates Reformer or Mat Lesson** (by Certified Instructor)

Ballet & Pilates - Contact Director for available days and times. [Patricia@OrindaBalletAcademy.com](mailto:Patricia@OrindaBalletAcademy.com)

24 hour cancellation policy (additional cancellation information below)

Emphasis on ballet strengthening exercises. Requirement: Enrolled in program or approved by Director.

**Pricing is based per single lesson. (Packages of 2+ lessons available)**

**Solos Ballet & Pilates Cancellation policy listed below**

30 min. (Solo)	Resident \$50/ Non-Resident – additional percentage
45 min. (Solo)	Resident \$67 / Non-Resident– additional percentage
60 min. (Solo)	Resident \$95 / Non-Resident– additional percentage

**Duet private Cancellation policy listed below**

30 minute (Duet)	Resident \$25 (per person) / Non-Resident – additional percentage
45 minute (Duet)	Resident \$38 (per person) / Non-Resident– additional percentage
1hr. (Duet)	Resident \$50 (per person) / Non-Resident– additional percentage
1.5 (Duet)	Resident \$76 (per person) / Non-Resident – additional percentage

**Trio private (minimum, 45 Minutes) Cancellation policy listed below**

45 minute (Trio)	Resident \$30 (per person) / Non-Resident– additional percentage
1hr. (Trio)	Resident \$40(per person) / Non-Resident – additional percentage
1.5 hour (Trio)	Resident \$60 (per person) / Non-Resident – additional percentage
2 hour (Trio)	Resident \$80 (per person) / Non-Resident– additional percentage

**Group- Pilates Only (4 Students) Cancellation policy listed below**

1hr. (Group class of 4 students)	Resident \$30 (per person) / Non-Resident – additional percentage
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Duet & Trio privates - all parties must participate in agreed lesson. Cancellations are with all parties or upgrade to \*\*solo option (or duet).

Duet student has the option to upgrade to solo private (same length as set duet lesson) with additional payment submitted prior to lesson.

Trio students have option to upgrade to duet or solo due to cancellations.