Orinda Ballet Academy & Company

Pre- Ballet A & B Parent Class Information/ Guidelines

Ballet Home website: www.OrindaBalletAcademy.com

Welcome to Orinda Ballet Academy-- Our goal for the Pre-Ballet division classes is to teach young children the beginnings of ballet through creative dancing. The benefits the children will experience include: learning to follow directions, strengthen their coordination, work as a team, focus, sharing, music rhythms, basic ballet positions, stretching, basic ballet steps, expand their imaginations in a fun and creative dance environment.

I ask all parents for their help by reminding their child prior to each class to act mindful & respectful to the other dancers in their class.

- -The ballet studio is not a playground- it is a special space where we learn ballet
- -No hanging or climbing on the ballet-barres at any time- (child safety)
- -No running, chasing and screaming
- -No touching, poking, pushing, other students in the ballet studio
- **-Soft voices in studio-** ballet class is a time to focus on body movement, listening to the music and following teachers instructions.

In order to keep class time positive and productive, disruptive children will be asked to sit down or brought to their parents for guidance.

- *Please take your child to the bathroom prior to class time
- *Pre-Ballet A parents are advised to stay in the waiting area outside the ballet studio during class in case of a needed bathroom visit-
- * Most students participate and focus better in the class when parents are not in the dance studio.
- *Each Term has Parent Observation Week- when classes are open to parents to watch and observe their child's progress-

Please no talking while observing class- to keep distractions to a minimum Observation Dates: Check Ballet Calendar for dates.

*Dress Code: Ballet leotard (any color), chiffon ballet skirts allowed (no bulky tutus) pink tights, pink leather ballet slippers. (Please no street clothes or shoes)

Ballet Stores to purchase dancewear

Contra Costa Dancewear-554 Ygnacio Valley Rd #A, Walnut Creek, CA 94596 (925) 932-9660 San Francisco Dancewear- 5933 College Ave, Oakland, CA (510) 655-1306

Thank you for your assistance in creating a fun environment for all.